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St Colman's College,  
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Claremorris,  
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*Principal*  
Mr. Roy Hession

*Deputy Principal*  
Ms. Maria Byrne

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12<sup>th</sup> February 2021

### **February midterm, 2021**

Hello everyone!

Just a quick update for you as we begin the mid-term break of February 2021.

Firstly, it is mid-term break for a very good reason! People need a break. The last few weeks of online teaching and learning is tough going on everyone so it is important to take some time away to relax and refresh. Some students may have fallen behind a little and this may be an opportunity to catch up, but only after a break for a day or two. Others may be well on target in their studies and this is a chance to rest and get reinvigorated. Please encourage your sons to get some physical exercise every day and to connect with their friends in whatever way they can. That is really important.

Thanks very much to all of you who took the few minutes to fill in our survey and submit it to us. There was a huge response and some very interesting and worthwhile information emerged, which we hope to use going forward. We appreciate your honesty and sincerity and we take all suggestions on board. If you forgot to answer the survey there is still time. Thanks!

Thanks too for encouraging the students to get involved in the 'Drop and Move' afternoon on Wednesday last, it was well received by all. It was a nice opportunity for everyone to get out and get active and to get away from screens for a while!

We will be having the Options Night (online) for 3rd years and Transition years and their parents/guardians on Wednesday 24th February. More details when we resume after the mid-term break.

REMINDER: We would like to remind students, parents and the general public that use of the school grounds is not permitted. Thank you for your understanding.

That's it for now. Have a lovely restful few days ahead if you can and please take care of yourselves.

God bless,

Roy Hession  
Principal

